
Content

Editorial Page

Changing of the Journal Format ii

Original Articles

A Randomized Trial of the Effect of Self-care Booklet Plus Routine Care Compared with Routine Care Alone in Breast Cancer-related Lymphedema Patients 39

Sithawatdecha T, Chotiyarnwong C and Pajareya K

Effects of Multidirectional and Variable-Speed Body Weight Supported Treadmill Training on Balance Rehabilitation for Fall Prevention among Community-dwelling Elderly Persons 45

Simadamrong P and Wongphaet P

Factors associated with Hydronephrosis and Vesicoureteral Reflux in Spinal Cord Injured Patients 51

Suksathien R, Ingkasuthi K and Bumrungra S

Effects of Inspiratory Muscle Training on Hand and Mobility Functions in Subacute Stroke 58

Nisa WF, Prananta MS and Arisanti F

Functional Independence of Patients with Spinal Cord Injury and Related Factors after Inpatient Rehabilitation 63

Muangdan C, Pattanakuhar S and Ratanapinunchai J

A Study of Spasticity and Functional Outcomes after Phenol Intramuscular Motor Point Block in Neuropathic Patients 71

Kaewma A

Editorial page

Changing of the Journal Format

We are pleased to inform readers and authors that the journal has changed its format after a recent change of the journal title from 'J Thai Rehabil Med' to 'ASEAN J Rehabil Med' early this year. We aim at publishing all articles in English in 2020. And the Thai manuscripts will be accepted only in this year publication. Later, we will ask authors to translate their manuscripts into English.

In this issue, all original articles written in English will have only an English abstract, no additional Thai abstract as usual. And two Thai articles have both English and Thai abstracts; and all tables, figures and references are in English.

In addition, we are pleased that one original article published in this issue is from Indonesia. We do hope that in the future, there will be more and more original articles from other countries in Southeast Asia (SEA) countries. This will lead to exchanging knowledge from researches in the field of rehabilitation medicine in the region.

Apart from being a print journal, the journal recently received an e-ISSN which means that the journal is also an online journal and readers can easily access to all articles published in the journal via the website, <https://www.tci-thaijo.org/index.php/aseanjrm/issue/archive>.

We do hope that the ASEAN Journal of Rehabilitation Medicine shall be widely accepted by not only rehabilitation physicians (physiatrists) but also other rehabilitation professionals of ASEAN.

Apichana Kovindha, MD, FRCPhysiatrT
Editor